

URSA MINOR

Gym Class Info

Please check out Mr. Linderman's website bit.ly/ursaminor_PE and try out the new and old challenges. Have your parents email me your best score at Linderman_james@asdk12.org

Band & Orchestra!

Due to low enrollment numbers, ASD has more instruments to provide for students than ever before! If you'd like to join Band/Orchestra, but getting an instrument has held you back, please contact Marie Mills (band) mills_marie@asdk12.org or Katie Kroko (orchestra) kroko_kate@asdk12.org to find out how to get an instrument!

Fall Jokes!

Q: what do you use to mend a jack-o-lantern?

A: A pumpkin patch.

Q: What do you get when you drop a pumpkin?

A: A Squash



Did you know?

Children who regularly eat meals with their families tend to do better in school and avoid risky behavior. Eating dinner together is great, but other meals count, too. If you work at night, maybe you could make time for a family breakfast instead. Or with school being virtual right now, a picnic in the backyard for lunch. The time of day doesn't matter, what is important is spending quality time together as a family and fostering healthy habits.

Words from Our Principal

Dear Ursa Minor School Community,

It is hard to believe, but we are almost to the end of first quarter! This has been a roller coaster beginning of the school

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on pg 5





Nurse's Corner

October is Red Ribbon Month

Here is a link to *A Parent's Guide to Prevention*.

<https://www.getsmartaboutdrugs.gov/sites/getsmartaboutdrugs.com/files/publications/GrowingUpDrugFree%028Final-508%029%0282017%029.pdf>

Drug overdoses are not inclusive to illegal drugs. There is risk of overdose with prescribed and over the counter medication as well, which may be located in purses, unlocked/locked cabinets, backpacks, car, or other belongings in and outside of the home. Below is a link with more information about medications in the home.

<https://www.getsmartaboutdrugs.gov/content/medications-your-home>

Also, here is the number to Poison Control and I suggest everyone save it as a contact in their phone.

(800)222-1222.

Blessings to all,

Nurse Kathi

Fire Prevention Week



Fire Prevention School Events October 5-8th

P.O.C. Jon Burpee 384-5555

K-3 Poster Contest: Draw and color a poster with this year's theme: "Serve Up Fire Safety in the Kitchen!" Emphasis is on cooking safety, dangers of unattended cooking, and having a kid-free zone in the kitchen

4th-6th Essay Contest: Write a short essay based on this years theme: "Serve Up Fire Safety in the Kitchen!" Emphasis is on cooking safety, dangers of unattended cooking, and having a kid-free zone in the kitchen.

- Take a picture of your poster/essay
- Post the picture to the JBER Fire Prevention Official Facebook page at www.facebook.com/JBERfireprevention Event-School Poster contest.
- Comment with #firepreventionweek your name, grade, and school
- Post must be made by 4pm on Oct 8th
- JBER wide contest, with prizes based on "likes"

Please also see the JBER Fire Prevention facebook page for information about goodie bags and drive-through events at the fire stations!

School Counselor

Fall is still a great time to plan family activities and make positive memories. The daylight is getting shorter and weather is turning colder, these factors impact mental health. Please check out my website for resources on how to be resilient through the winter. If your family is new to Ursa Minor or experiencing changes due to a PCS or deployment, please let me know so that I can schedule check in with your student. Wishing you well! My contact information is available through my web address at <http://bit.ly/UrsaCounselor>

-Heather Butcher

Curbside Library Books

Dear Ursa Minor Families,

We are still doing our Curbside Library Book Distribution on Tuesdays from 11:00am-1:pm and Thursdays from 1:00pm-3:00pm.

Follow the steps below for book selection using the online Book Form in our Ursa Minor Clever. The more ideas you give of what you like to read - the easier it will be for Ms. Wilkins to find great books for you!

Steps to Complete Your Remote Book Form:

- 1) Log into your Clever
- 2) Find: Ms. Wilkins Library Page
- 3) Below "Checkout Library Books Here!" Click on the yellow icon titled "Library Book Form"
- 4) Fill out your Ursa Minor K-6 Remote Book Request form.

- 5) Be sure to share several types of books you like.
- 6) Now, click on the SEND button at the top of the page.

Once Ms. Wilkins receives the form you sent her - she will search the library to find books you listed.

Your books will be bagged and labeled with your name and ready for you to pick up at our curbside location! If you have any questions you may contact Ms. Wilkins through Clever or through her contact information listed on the top of the Ursa Minor K-6 Remote Book Request Form.

-Ms. Wilkins

Bricks for Kids

Bricks -N- Gears (Bricks for kids) will be providing kits with access codes to families. These kits are available to 1st-3rd grade students on a first-come, first-serve basis. Registration forms are available from your child's teacher and the first 20 families who submit the completed forms to the front office will receive the kits. We'd ask that parents not request the kits unless they are confident that their child will use it as we have a limited supply. Parents can submit their completed forms to Sarah or Jessica at terwilliger_sarah@asdk12.org or schoolcraft_jessica@asdk12.org.

If your child's teacher doesn't have a form please call the office or email Sarah or Jessica



This month in Health class, students will be learning about a topic that has to do with systems of the human body. See below for links to parent letters where you can view more information about your student's grade-level-specific topic.

Monthly Theme: Body Systems

| Grade | K | 1 st Grade | 2 nd Grade | 3 rd Grade | 4 th Grade | 5 th Grade | 6 th Grade |
|-------------------------|---|---|---|---|---|---|---|
| Topic | The Five Senses | Head to Toe | How You Think | The Better to See You | Let's Talk Teeth | Brainstorms: Your Central Nervous System | Cells |
| Link to Parent Bulletin | https://goo.gl/Tis3RY | https://goo.gl/gj5YfR | https://goo.gl/Z6FW2n | https://goo.gl/NJiqzY | https://goo.gl/79c1Wq | https://goo.gl/AA8LLv | https://goo.gl/VqiUy6 |

Richelle Lay
K-6 Health/Social Emotional Learning



Cont. from pg 1

year to say the least! During this challenging time, it is more important than ever that we work together as partners. As we prepare for re-opening of schools it is going to be real important that students are practicing wearing masks for an extended amount of time. Wearing a mask all day except for eating and drinking water will be a big change for students who are not used to wearing masks.

Our leadership team is working on forming safety protocols and procedures extending from the time students arrive at school to the time they leave. We will be wearing masks, washing hands, physical distancing, cleaning and disinfecting throughout the school day. You can help here too, in addition to practicing wearing masks by practicing and talking to your children about keeping a distance between themselves and others. Our goal for having these conversations is to create awareness not fear. Here at Ursa Minor when students arrive we will be spending a significant amount of time supporting students' transition back into school through class meetings, instruction, and encouragement. I know when we work together we will have a smoother transition.

You can stay up to date with the latest news by going to www.asdk12.org and clicking 'Covid Health and Safety.' At the bottom of the page you will see current information on our community's health risk level. Superintendent Dr. Bishop has announced that we will not be going back to school on October 19th, as hoped. She will make an announcement every two weeks if our risk status has changed and what our school district plans on doing as far as students returning to school.

I saw a hint of snow on top of the higher mountains earlier this week and it is still there! This is the time to start preparing for cooler weather and winter. Students will need snow pants or snowsuit, warm coat or jacket, boots, gloves/mittens, hats, and facemask or gator. A reminder, students go outside to -10 degrees Fahrenheit for a twenty-minute recess so it is very important that they have the appropriate gear for our arctic climate to be comfortable playing outside when we return to in school learning.

Your support is essential to your child's success and the success of your neighborhood school. We appreciate your endeavors so much. We know that you are doing your best to support your child's learning at home. Please contact your child's teacher if you have any questions, concerns, or need to share events in your family that may impact your child's learning day. Our main goal is your child's safety and that he/she receives an excellent education.

Enjoy the fall days,

Wendy Brons, Principal

OCT 2020



SUN

MON

TUE

WED

THU

FRI

SAT

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02

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Fire Prevention
Week



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End of First
Quarter. No
School, teacher
work day.

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24

Parent/Teacher
Conferences,
full day of
learning.

Parent/Teacher
Conferences,
full day of
learning.

No School,
teacher work
day.

25

26

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Lifetouch School
Picture Day



Halloween